



Parenting Programme

for all families in Warwickshire

10 Week Nurturing Programme

*PLEASE NOTE THIS COURSE IS FOR PARENTS/CARERS. THERE WILL BE NO CRECHE FACILITIES AT THESE SESSIONS AND UNFORTUNATELY NO CHILDREN CAN ATTEND *

FREE

The Nurturing Programme is a 10-week programme, filled with practical information. Suitable for parents/carers with babies up to children of 12 years of age. There are ten 2-hour sessions with tea and coffee breaks. Partners are welcome but it's also ok to come on your own or with a friend or relative.

22nd April 2020 – 1st July
2020

12:45pm – 2:45pm
St Michael's Children & Family
Centre
Hazel Grove, Bedworth CV12
9DA

Over the 10 week programme you will look at lots of different topics, including; Understanding why children behave as they do, Recognising the feelings behind behaviour (ours and theirs), Exploring different approaches to discipline, Finding different ways to develop co-operation and self-discipline in children and learning the importance of looking after ourselves.

To book on please follow the link;

<http://childrenandfamilies.eventbrite.com>

The Early Help and Targeted
Support Team